

Mutnyi Lake (3530m) – Bolshoi Allo (3380m)

Distance:11km

Ascent: 1240m

Descent: 1390m

Trail: hard – clear and faded trails

Camping

There are no spots for camping on the shores of Bolshoi Allo. Best camp spots are a couple of kilometres before the lake at around 3400m.

Today is probably the hardest day in the Fann Mountains section of the Pamir Trail. Rough terrain, a lot of altitude gain and loss and the high altitude of the Chimtarga Pass (4750m). The trail is often vague and route finding can be a challenge. Although the glacier does not have big crevasses, it is rather steep in some places. It's a good idea to bring crampons.