Tavasang (2500m) – Zimtud (1590m)

Distance: 24km

Ascent: 60m

Descent: 970m

Trail: easy/moderate – clear trail and dirt road

Transport

From Zimtud there is a possibility to travel back to Penjikent if needed. There are infrequent shared taxis or arrange a private car.

Accommodation

Gazza

4 Homestay "Gazza", owner Iskandarov Iskandar, capacity 20, languages Russian, Tajik

Zimtud

5 Homestay "Zimtud", owner Kholmurodov Salohiddin, capacity 20, languages Russian, Tajik

The descent along the Sarymat River is scenic, including weirdly shaped rock towers called hoodoos. The trail evolves into a dirt track and merges with the track that follows the Archamaidan River. It's easy walking along the wild river and past the agricultural fields. The valley widens before the charming village of Gazza, where you could spend the night in a homestay. Five kilometres further is the bigger village of Zimtud, with a homestay and small shops to stock up on food.