

## **Rubot River (3925m) – Vrang Lakes (4305m)**

**Distance:** 6km

**Ascent:** 395m

**Descent:** 15m

**Trail:** moderate – clear trail

### **Accommodation**

#### Camping

For those who opted to set up camp near the shepherd camp, today is a short day up to the Vrang Lakes (although some of the lakes seem to have dried up). It's a bit of a steep climb to a plateau from where the highest point of the entire Pamir Trail is visible: the 5010m high Vrang Pass. It looks like a smiling slab of snow, tucked between high peaks. You can pitch your tent at a good spot at around 4300 metres but there are some good spots higher up. On your left you can see the 6723m high Karl Marx peak.