

## **Langar Valley (3800m) – Zarojkul Lake (4510m)**

**Distance:** 17km

**Ascent:** 810m

**Descent:** 100m

**Trail:** moderate – variable trails

### **Accommodation**

### **Camping**

A short climb across blocky terrain takes you to the next broad part of the valley. There is a side river to cross that can be quite big in early season. Head up to the end of this fairly flat area until the river is braided again. Here you cross to the right where it stays until you reach the river that drains from the Uchkul lakes, coming from the east. Go a few hundred metres upstream to cross the bridge and then head west again. You'll pass Zaubek's shepherd camp, who has been here every summer since his childhood. Continue southeast for about 1km where you cross the river, hopping from rock to rock. Continue to climb on the rolling landscape until after 5km from the camp you reach the first lake, in a series of four before you reach Zarojkul. The trail is easy enough, plenty of decent drinking water directly from the lakes. The final stretch is a little blocky, but after that it's only a kilometre before you reach Zarojkul. Note that you will have to filter the water here as there is a lot of livestock roaming around the lake. You can collect yak dung to crank up a roaring fire.