

Bijou River (2540m) – Rovak (2750m)

Distance: 14km

Ascent: 420m*

Descent: 220m*

Trail: hard – clear, vague and sometimes no trails

Notes: big river crossings, * ascent and descent is approximate, no hard data on this

Accommodation: Camping

Today is a big day in terms of overcoming natural boundaries, read rivers. At this point, there are no bridges and you need to wade through them. It is therefore essential to start this stage at sunrise, as the river levels are at their lowest. If needed, skip breakfast until you have crossed the Bijou and Batrud rivers. A few hundred meters upstream from entry point of the Bijou river into the Obikhinob there's a massive boulder with an improvised ladder that could be used to cross the river. It is a bit dicey, but possible (if the ladder is still there). You may find a good crossing point lower down. Once that is done you head east for 5km, staying close to the foot of the mountain, avoiding the forest. There are several trails. You will then cross the Batrud river in the flood plain, where the river is braided. You may have to look a little to find a good crossing point.

After the crossing you move up on the buttness, leaving the valley floor of the river that is called the Bokhud river now. This is one of the main tributaries of the Obikhinob. You're above a forested area and there is a vague trail all the way to the Skogach river while staying high for about 3.5km. You then descend again to the Skogach river. Crossing this river shouldn't pose any problems in late August or September. On the other side, go up again and stay higher up for another 2.5km. When the valley floor widens (and it's suitable for walking) descend and walk to an old shepherd camp called Rovak. It has trees and is simply a brilliant spot to pitch your tent.