

## **Pulisangin hunter's camp (2935m) – Langar (2140m)**

**Distance:** 22km

**Ascent:** 995m

**Descent:** 1790m

**Trail:** moderate – variable trails

### **Accommodation**

Homestay Munir Chobirov in Langar

Cross the natural bridge. At the tributary that comes from the west, cross and head straight west after a few hundred metres. The trail is overgrown and at times hard to find. The Gardan-i-Kaftar Pass (3745m) is not far from here. The descent goes in southwesterly direction. The trail is in good condition here and follows the upper Langar River for a couple of kilometres. At the large tributary, head up a small pass away from the river to bypass the cliffs downstream. Turn south when you're close to another river called Doshmandy and contour the hill to the village Langar where you can stay in a comfortable homestay.