

Confluence Karashura and Vaisirek Rivers (2890m) – Pulisangin hunter's camp (2935m)

Distance: 17km

Ascent: 665m

Descent: 620m

Trail: easy/moderate – variable trails

Note: there are landmines in this area, read description carefully!!

Accommodation

Camping

Just beyond the Vaisirek camp a dirt road starts. From here to the bridge just after the shepherd camp is **land mined**. Walking on the track is perfectly fine, but **DO NOT STRAY OFF-ROAD**. Cross the bridge, and enter the Tupchak Plateau. Walk straight south for about 4km until you hit a river with a permanent snow bridge (covered in debris). Cross it and you'll cross a spring after the small woodland. Fill your bottles here. Contour the hill you are on for another few kilometres until you reach the Pulisangin hunter's camp, near the natural bridge.