

Pildon (3355m) – Jirgotol (1715m)

Distance: 20km

Ascent: 420m

Descent: 2060m

Trail: moderate – variable trails and clear track

Accommodation

Jirgotol : 3 or 4 hostels

Facilities: markets, cafes, ATM.

This is a beautiful stage on a high plateau. From the shepherd house, there is a trail to the east. You will see another shepherd house. The trail will turn north but you can keep going east in off-trail terrain to go over the Pildon pass at 3654m. From the pass you will see a third shepherd house. From the house keep following the trail until the East Pildon pass (3617m). There is an old soviet road for the downhill which you will leave at 3300m to go down the valley where you will reach a clear dirt road after a few hundred metres, which will bring you to Jirgotol. In town there are a number of options for accommodation.