Mingbuloq River (2875m) - Safedob (2025m)

Distance: 19km

Ascent: 710m

Descent: 1560m

Trail: moderate/hard – variable or no trail

Accommodation

Camping

A disappearing trail will bring you to the pass in a south eastern direction. The climb is steep but short until the Dashtikhirsun pass (3460m). From there you see the long Kamarob Valley behind you and the Yasman Valley ahead of you. It's a steep descent without a trail at first but levels out al little once you reach the stream. Keep left of the stream and follow the clear trail to the village of Safedob. Ask where you can pitch your tent and where to find clean drinking water.