

Subaday River (1965m) – Mingbuloq River (2875m)

Distance: 11km

Ascent: 1080m

Descent: 170m

Trail: easy/moderate – clear to vague trail

Accommodation

Camping

Nearly 1km after the confluence, you'll pass a house with many bee hives. From there, there is no dirt road anymore but a clear trail on the same side of the Kamarob River. At around 2300m of altitude, there are a few shepherd camps and some flat grass areas. After the camps you have to go down to the river. Just before the Dashtihirsun River meets the Mingbuloq River to become the Kamarob River, you need to cross it. There is no bridge but a shepherd camp on the other side at this point. Be aware of the shepherd dogs! From there, the trail stays along the Mingbuloq River until it climbs to a new shepherd camp after 1-2 kms. There are many shepherd camps until the end of the valley at the foot of the pass. Nice place to put the tent.