

Pskon (2590m) – Navobod (2720m)

Distance: 17km

Ascent: 640m

Descent: 510m

Trail: moderate – variable trails

Accommodation

Camping

From Pskon, a clear trail continues in easterly direction, staying high above the valley floor. You'll pass an abandoned ruined village called Dehbaland. After a couple of kilometres, the trail turns into the Kumargh Valley and you'll stay on the true left bank until the confluence of the Uchkado and Kumargh Rivers. Here it's easier to cross and continue on the broad right riverbank which would also be a good place to pitch your tent. After roughly 3km a an old Sovietr-era track zigzags up towards the Maydon Pass and continues to contour around the mountain for 7km before descending to the Yagnob River again. This is a popular spot with shepherds. Beware of angry shepherd dogs in this area and approach shepherd camps slowly, seeking the attention of the shepherds who will tell their dogs off. In this area you can find good camp spots.