

## **Darai Kalul (1850m) – Soghdiana (2880m)**

**Distance:** 11km

**Ascent:** 1570m

**Descent:** 540m

**Trail:** hard –rough steep trails

### **Accommodation**

#### **Camping**

Continue the path upstream for about 3 km where there's an S-bend in the river. Ignore the path that zigzags up but walk along the river to find a shepherd bridge that takes you to the true left bank again. The trail is harder to find on this side. Livestock have carved out multiple trails and these are in a somewhat eroded condition. Try to stay a little higher above the river and essentially follow the most clear trail you can find. Once you can spot the waterfall there are two choices. You can stay high and find a way across to the valley leading up to the pass. Or descend towards the river/waterfall and climb into the valley from where the climb starts. In both cases the terrain is difficult and exposed. Make sure you focus on your footing.

Stay high above the river and choose your line across the gullies well. Again, lots of eroded vague and steep trails so take care. The terrain higher up the valley gets more mellow and at 3100 metres there's wide flat area with a shepherd camp where you could set up camp. This stage goes across the pass however, no real trail but fairly easy terrain on the final approach. It's a couple kilometres down to a nice flat area with plenty of water and grass for camping.